

HUNGER HOTLINE

Operation Food Search

www.operationfoodsearch.org 314-726-5355 ext. 3

This organization provides an automated list of food pantries by zip code. You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area.

CHURCH PANTRIES

Many churches offer hot meals and sandwiches, operate food pantries and provide other services through parishes located throughout the city. To find the location nearest you, call 2-1-1. www.211helps.org. And the [St. Vincent de Paul locator](#) can provide information about pantries.

ST. LOUIS AREA FOOD BANK provides a search feature that will show food pantries, soup kitchens, and meals according to zip code. www.stlfoodbank.org.

MEAL PROVIDERS. [HERE](#) is a listing in PDF format of various agencies that provide meals in the downtown area and slightly beyond. Feel free to print out and distribute.

EMERGENCY FOOD STAMPS/SNAP PROGRAM

www.dss.mo.gov/fsd/fstamp

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

Post office boxes available where mail can be received.

EMERGENCY FOOD

St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code below. Times can change so, if possible, call first.

63101

SHAMROCK CLUB AT ST. PATRICK'S CENTER

800 N. Tucker 63101 314-802-0700

Lunch: Monday-Friday 12:00 pm-12:30 pm.

63103

NEW LIFE EVANGELISTIC CENTER

1411 Locust 63103 314-421-3020

Sandwiches everyday from 11:00 am-12:30 pm and 5:00 pm-6:00 pm. Dinners are for residents only.

THE BRIDGE OUTREACH

1610 Olive 63103

www.bridgestl.org 314-421-3136

Must be registered at the Bridge and present photo ID.

Breakfast: Monday-Thursday 8:00 am-9:00 am

Brunch Fridays: 8:00 am-11:00 am

Lunch: Monday-Thursday: 12:00 pm-12:30 pm

Dinner: Sunday-Thursday, 5:00 pm-5:30 pm

Sunday: Lunch 1:00 pm-1:30 pm (Temporarily closed on Saturdays)

CHRIST CHURCH CATHEDRAL

1210 Locust 63103

314-231-3454

Breakfast every Saturday 7:30 am-8:30 am.

FATHER DEMPSEY'S HOME

3427 Washington 63103

314-535-7221

Sandwiches Monday-Friday 12:00 pm-12:45 pm. (See the housing section of this book for information about the transitional housing for men available at this location.)

JOINT NEIGHBORHOOD MINISTRIES

2911 McNair 63118

www.jnministry.org **314-771-3987**

Monday, Wednesday, Friday 9:30 am-12:00 pm. Other programs available.

63105

ST. LOUIS BREAD COMPANY CARES COMMUNITY CAFE

10 S. Central 63105

314-725-9666

Pay what you can afford for any item on their menu.

Hours: Monday thru Friday 6:30 am-3:30 pm,

Saturday 7:00 am-3:30 pm, Sunday 7:00 am-3:00 pm.

63106

GATEWAY 180

1000 North 19th St. 63106

www.gateway180.org **314-231-1515**

Brown bag lunches all day seven days a week, 8am - 4pm.

KAREN HOUSE

1840 Hogan 63106

www.karenhousecw.org **314-621-4052**

Karen House no longer provides hot meals. They hand out sandwiches from 3:00 pm-5:00 pm daily.

PEOPLE'S CENTER

2012 Martin Luther King Dr. 63106

www.pcacstl.org **314- 269-5210 Main**

Call for food pantry hours and other services.

63108

CENTRAL REFORM CONGREGATION (CRC)

5020 Waterman 63108

314-361-3919

Clothing and food pantry Monday-Friday 9:00 am-5:00 pm. Clothing for adult women and children.

Sometimes men. Call at 314-361-3919 for more information or if looking for something specific.

63111

PEOPLE'S CENTER SOUTH CITY

6827 S. Broadway 63111

www.pcacstl.org **314-353-1457**

Call for food pantry hours.

ST. TRINITY LUTHERAN CHURCH

517 Koeln 63111

314-353-3276

Food pantry Monday, Wednesday, Saturday 9:00 am-11:00 pm.

63112

PEOPLE'S CENTER COOK ELEMENTARY SCHOOL

5935 Horton Pl. 63112

www.pcacstl.org **314-862-6270**

Call for food pantry hours.

ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB'S)

1371 Hamilton Ave. 63112

314-385-1934

Food pantry and clothing: Monday-Friday 9:30 am-11:00 am. Utility assistance starts 6:00 am. Dinner: last five working days of the month 4:00 pm-5:00 pm.

63113

WEST SIDE MISSIONARY BAPTIST CHURCH

4675 Page Blvd. 63113

314-535-9002

Dinner: Monday, Wednesday, Friday 5:30 pm-6:30 pm. Food pantry: Tuesday, Wednesday, Thursday 11:00 am-1:00 pm.

63115

ST. LOUIS DREAM CENTER

4324 Margaretta Ave. 63115

www.stldreamcenter.org **314-381-0700** Food Pantry is by appointment only as of January 2016.

Clients must call **314-381-0700 ext. 8046** to make an appointment. Leave a message and someone will return the call. Please follow the instructions given from the recording. The Food Pantry will be opened BY APPOINTMENT Tuesday-Friday, from 1:00 pm-3:00 pm.

KOSSUTH CHURCH OF GOD IN CHRIST

3225 North Taylor Ave. 63115

314652-4163

Food Pantry Thursday 8:30 am-10:00 am.

ALL SAINTS EPISCOPAL CHURCH

5010 Terry 63115

314-367-2314

Call the church for information on meals, food, and other aid.

63118

ST. ANTHONY OF PADUA CHURCH

3140 Meramec St. 63118

314-352-1460

Food and clothing Monday and Thursday 10:00 am-12 noon, and Wednesday 4:00 pm-6:00 pm.

Legal assistance on the 4th Thursday of the month. Call for appointment..

63136

PROJECT DOWNTOWN SAINT LOUIS

West Florissant Masjid

6809 W Florissant Ave. 63136.

www.pdstl.org

Every Saturday. Preparation is at 10:00 am. Full meals and pantry. Serving starts at 11:30 am.

63043

LOAVES AND FISHES

2750 McKelvey Rd. Maryland Heights 63043

www.loavesandfishes-stl.org/food-pantry 314-291-3857

Call or view their website for guidelines and times.

MEALS ON WHEELS

www.mowstl.org/ 314-612-5918

Must be over 60 or disabled.

PAKT COMMUNITY RESOURCE CENTER

500 Airport Rd. Ferguson 63135

SALVATION ARMY TEMPLE CORPS

Utility and rental assistance in various locations. This website gives information about programs and locations: www.usc.salvationarmy.org.